



ACN 000 650 117

ABN 9200 650 117

AFFILIATED WITH AUSTRALIAN WATER SKI FEDERATION INC.  
PATRON: Her Excellency the Honourable Marie Bashir, Governor of New South Wales



Australian Government  
Australian Sports Commission

**NATIONAL COACHING ACCREDITATION SCHEME**  
**LEVEL 1 WATER SKIING**  
**SPORTS SPECIFIC PROGRAM**

This course fulfils the Sports Specific component of the Level 1 Water Ski Coaching Accreditation.

|                           |  |                            |
|---------------------------|--|----------------------------|
| <b>Dates:</b>             | <b>1 April 2011</b>                                | <b>- 6:00pm to 10:00pm</b> |
|                           | <b>2 April 2011</b>                                | <b>- 8:00am to 3:30pm</b>  |
| <b>Venue:</b>             | <b>NSW Ski Gardens, River Road, Wisemans Ferry</b> |                            |
| <b>Course Instructor:</b> | <b>Tim Failes, NSWWSF Coaching Coordinator</b>     |                            |

**LECTURES AND DEMONSTRATIONS FROM TOP AUSTRALIAN SKIERS AND COACHES**

Learn from sessions in Sport Science and Coaching Techniques  
All divisions represented including: Tournament, Barefoot,  
Ski Racing, Wakeboarding & Disabled

- \* ROLE OF THE COACH, SPORT NUTRITION \***
- \* INJURY MANAGEMENT AND PREVENTION \***
- \* RISK MANAGEMENT, WATER SKI COMPETITION\***

**Pre-requisite: Completion of “Beginning Coaching General Principles”**

To register, fill out the attached PDF form in Acrobat, complete with your credit card details, then email to **coaching@waterskinsw.com.au**.

Course fee: **Cost \$225** – (\$190 for AWWF members)

Additional requirements for completion of the Level 1 Coaching Accreditation (note that these requirements are not completed during this course)

- Pass the “Beginning Coaching General Principles” online course  
Available online (no charge) at <http://learning.ausport.gov.au> (this should be completed prior to 1 April)  
Click on courses, then Enroll Now for Beginning Coaching General Principles
- Satisfactory completion and submission of the course workbook (provided at this course)
- Completion of practical component, 15 hours supervised coaching

More information: call Tim Failes 02 9878 4777 or 0428 28 9894, [coaching@waterskinsw.com.au](mailto:coaching@waterskinsw.com.au)

If you require accommodation at Wisemans Ferry there are a number of options:  
NSW Ski Gardens 02 4566 4212, Ko Veda 02 4566 4305,  
Wisemans Ferry Hotel 02 4566 4301, Wisemans Ferry Retreat 02 4566 4422  
Forgotten Valley Restaurant 02 4566 4490, J & J Hideaway 02 4566 4677

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